



# Fixed Pool Menu

**Food Allergens:** Cereals containing gluten (G), Crustaceans (CR), Fish (F), Sulphites (SFH), Peanuts (P), Soya (SY), Celery (CL), Vegetarian (V), Milk including lactose (M), Tree nuts (N), Lupin (L), Molluscs (MOL), Sesame (SES), Egg (E), Mustard (MU)

Please advise us of any dietary requirements. We will do our best to accommodate your needs. Please be advised that all our products are prepared in an environment where gluten, peanuts, nuts, dairy, eggs, shellfish and other known allergens are also being prepared.

## **Chicken Caesar Salad (M) (F) (MU) (E) (G)**

250gr grilled chicken breast set on a bed of mixed lettuce, cherry tomatoes, Parmesan shavings, garlic croutons, and finished with our homemade Caesar dressing

## **Quinoa Salad** ✓

Quinoa mixed with chopped cucumbers, peppers, red onions, cherry tomatoes, and black olives, drizzled with lemon, olive oil and fresh basil dressing

## **Asian Tuna Salad (F) (SES) (SY)**

150gr tuna steak with spring onions, cherry tomatoes, black sesame seeds, leeks, mango, baby spinach, and kale tossed in an Asian dressing

## **Oriental Salad (N) (SES)** ✓

Shredded cabbage mixed with roasted bell peppers, green chilies, spring onions, carrot ribbons, coriander, roasted cashew nuts, and black sesame seeds, finished with ginger, honey and sesame dressing

## **Casarecce (G) (M) (SFH)**

Chicken pieces cooked with onions, garlic, and asparagus in white wine, finished with cream and parmesan shavings

## **Pappardelle (G) (M)**

Slow cooked Maltese sausage ragu, cooked with onions and garlic, finished with tomato sauce

## **Mushroom Risotto (SY) (SFH)**

Arborio rice cooked with caramelized onions, mushrooms, garlic and white wine, finished off with soy sauce and chopped parsley

## **Gnocchi (G)** ✓

Pumpkin chunks cooked in a fresh puree of pumpkin, topped with pumpkin seeds

## **Crispy Chicken Burger (G) (CL) (E)**

250gr paprika-marinated chicken thighs, crispy fried, with chipotle mayo and red cabbage slaw in a brioche bun, served with French fries

## **BLT Burger (G) (MU) (M) (E)**

170gr homemade beef patty, grilled and topped with streaky bacon, caramelized onions, lettuce, tomato and garlic mayo in a brioche bun, served with French fries

## **Urban Hot Dog (G) (MU) (SFH)**

Grilled sausage served in bread roll with English mustard, ketchup and fried onions, served with French fries

## **Falafel Wrap (G)** ✓

Spicy falafel wrap with lettuce, red onions, sliced tomatoes, roasted peppers, finished with a fresh tomato dressing



Drinks

## MINERALS

Coca Cola, Coca Cola Zero 33cl	€2.40
Fanta, Kinnie, Kinnie Diet 33cl	€2.40
Sprite, Sprite Zero 33cl	€2.40
Ice Tea 33cl	€2.40
Slush 33cl	€3.00
Juices 33cl	€2.40
Fresh Orange 33cl	€4.00
Bitter Lemon, Ginger Ale 33cl	€2.75
Tonic Water 33cl	€2.75
Red Bull 25cl can	€3.50
Foreign Still/ Sparkling Water 50cl	€2.10
Foreign Still/ Sparkling Water 75cl	€3.75

## Smoothies

Coconut Crush	€4.75	Tropical Sunshine	€4.75
Strawberry Delight	€4.75	Superberry Heaven	€4.75
Blueberry Bliss	€4.75	Go Green	€4.75
Cherry Buzz	€4.75	Detox Drive	€4.75
Passion Paradise	€4.75	Cleanout Quench	€4.75

## FRAPPES

Cookies and Cream	€5.00
Strawberry and White Chocolate	€5.00
Caramel	€5.00
Iced Coffee	€2.50

## Cocktails

<b>Aperol Spritz</b> Aperol, sparkling wine, soda water	€8.50
<b>Campari Spritz</b> Campari, sparkling wine, soda water,	€8.50
<b>Refreshing Summer</b> Vodka, passoa, bitter lemon	€8.50
<b>Flavoured Daiquiri</b> <b>Strawberry   Passion Fruit  </b> <b>Mango   Kiwi</b> Rum, lime juice, sugar syrup	€8.50
<b>Margarita</b> Tequila, cointreau, lime juice	€8.50
<b>Mojito</b> Rum, mint, lime juice, demerara, soda water	€8.50
<b>Sex On The Beach</b> Vodka, peach schnapps, orange juice, cranberry juice	€8.50
<b>Negroni</b> Gin, campari, martini rosso	€9.00
<b>Mai Tai</b> Spiced rum, coconut syrup, grenadine, orange juice, pineapple juice, lime juice	€8.50
<b>Pina Colada</b> Rum, coconut syrup, pineapple juice, fresh cream	€8.50
<b>Infused Cucumber Gin</b> Gin, lime juice, sugar syrup, fresh mint leaves	€7.50
<b>Long Island Ice Tea</b> Vodka, rum, gin, tequila, triple sec, lime juice, cola	€8.50
<b>Brain Freeze</b> Gin, rum, vodka, blueberry slush	€8.00
<b>Slush Daiquiri</b> Rum, strawberry slush	€8.00
<b>Red Russian</b> Vodka, strawberry slush	€8.00

## GIN SUMMER COCKTAILS

<b>Pink Gin Spritz</b> Gordon's pink gin, strawberry syrup, lemonade, sparkling wine	€8.50
<b>Royal French 75</b> Tanqueray blackcurrent royale, lemon juice, sugar syrup, sparkling wine, soda water	€8.75
<b>Blossom Fizz</b> Tanqueray flor de sevilla, orange juice, sugar syrup, sparkling wine, soda water	€8.75

## BEERS & CIDERS

Cisk 33cl	€3.50
Cisk Excel 33cl	€3.50
Cisk Chill 33cl	€3.50
Blue Label 44cl	€5.00
Heineken 33cl	€4.00
Corona 35.5cl	€4.25
Budweiser 33cl	€4.00
Carlsberg 33cl	€4.00
Cisk 0.0 33cl	€4.00
Flavoured Cider 33cl	€4.50

## Spirits

<b>Gin, Vodka, Rum</b>	<b>From €2.50</b>
<b>Aperitifs, Digestives</b>	<b>From €2.50</b>
<b>Liqueurs</b>	<b>From €2.50</b>
<b>Scotch</b>	<b>From €2.50</b>
<b>Bourbons</b>	<b>From €2.50</b>

## MOCKTAILS

<b>Bora Bora</b> Passion fruit syrup, grenadine, pineapple juice, lime juice	€4.50
<b>San Fran</b> Grenadine, pineapple juice, orange juice, peach juice	€4.50

## HOT BEVERAGES

<b>Americano</b>	€1.75	<b>Hot Chocolate</b>	€2.75
<b>Espresso</b>	€1.80	<b>English Breakfast Tea</b>	€2.00
<b>Espresso Macchiato</b>	€1.80	<b>Fruit/ Herbal Tea</b>	€2.50
<b>Cappuccino</b>	€2.25		
<b>Latte Macchiato</b>	€2.25		

## Wines

### WHITE WINE

Isis Chardonnay	€32.00
Medina Sauvignon Blanc ☞	€22.00
Donato Chardonnay	€19.00
Gabrieli Pinot Grigio	€19.00
Frescobaldi Vermentino	€18.00
Poncho Criollo Chardonnay	€17.00
Finca Flinchman Sauvignon Blanc Roble	€17.00
Vinas de Barrancas Chardonnay	€18.00
Donnafugata Damarino	€29.00
Santa Cristina Bianco	€26.00

### RED WINE

Palatino Cabernet Sauvignon	€24.00
Medina Syrah ☞	€23.00
Marenzio Merlot	€19.00
Pergolesi Primitivo	€19.00
Primitivo Di Manduria Sassirossi	€33.00
Santa Cristina Rosso	€29.00
Cape Heights Pinotage	€21.00

### ROSÉ WINE

Medina Grenache ☞	€22.00
Masseria Altemura Rosato	€18.00
Alie Frescobaldi Rose	€18.00
By.OTT Rose	€17.00
Beringer Zinfandel Rose	€17.00

### SPARKLING WINE

Brilla Prosecco	€26.00
Brilla Prosecco Rosé	€26.00
Martini Royale Bianco	€25.00

### WINE BY THE GLASS

Poncho Criollo Chardonnay	€3.75
Finca Flinchman Sauvignon Blanc Roble	€3.75
Marenzio Merlot	€5.00
Pergolesi Primitivo	€5.00
Masseria Altemura Rosato	€3.75
By.OTT Rose	€3.75